

Kim Sorrelle

**Inspiring and
empowering
you to live a
life worth
loving**



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Based out of Grand Rapids, Michigan USA

**"Love is universal, spectacular,
and misunderstood. It is love
that will change the world."**

- Kim Sorrelle



About Kim

TV talk show and podcast host Kim Sorrelle is a sought-after speaker, best-selling author, entrepreneur, and director of a humanitarian organization.

With a powerful blend of entertainment and education, Kim ignites excitement, empowerment, and inspiration among global audiences. A master storyteller, Kim effortlessly captivates her listeners, skillfully interweaving humor and wisdom.

Just four months after being diagnosed with breast cancer, her husband was diagnosed with pancreatic cancer and passed away six weeks later. While in the throes of learning how to be a widow in her 40s, Kim embarked on a year-long journey in search of the true meaning of love. Her sometimes scary, sometimes funny, always enlightening trek, mainly on the streets of Haiti, is chronicled in her award-winning book **"Love Is."** This awe-inspiring journey unfolded on the streets of Haiti was as chilling as it was heartwarming, as amusing as it was enlightening. It's all vividly chronicled in her critically acclaimed masterpiece, "Love Is."

**"Love is not something you hang up
in the closet when you get to work.
Love is always; it is everywhere.
Knowing what love is changes
everything."**

- Kim Sorrelle

What Makes Kim Unique

Kim started her first business at 18 years old. She's survived earthquakes in Haiti, breast cancer, and five teenagers. Kim is also the only person in recorded history who dedicated a year to searching for the true meaning of love. And she found it.



- Motivational and inspirational speaker
- Author
- Talk show and podcast host
- A highly successful entrepreneur
- Director of a humanitarian organization
- Breast cancer survivor
- Grief mentor
- Widow
- Parenting advisor
- Relationship coach
- Lover of all people and black licorice

Topic

3 Common Myths About Love

We learn about love from our parents, grandparents, and others who have an influence on our lives. Everything that we are told about love, done or said in the name of love, is not necessarily love.

Myth: Love is a two-way street.

Truth: Love is on you, period. Love is not a transaction. If I give you money and you give me a pair of jeans, that is a transaction. Love does not love to get love back. Living love that way leads to unmet expectations, loneliness, disappointment, and heartache.

Myth: Love is an emotion, a feeling.

Truth: Love is who you are. Fear is an emotion, but we don't live in that. Fear can come and go. Love is constant. Love is living, giving, walking, talking, and breathing.

Myth: You have to like someone to love them.

Truth: Love and like are two different things. Like identifies a preference. I like black licorice. I don't like dirty dishes in the sink. The same is true with people; some you have a taste for, and others do things that you can't stand. You don't withdraw love because of a personality or toenail clipping habits. You can love and not like.

Topic

The right way to love the one who wronged you

Most of us have been wronged by someone sometime.

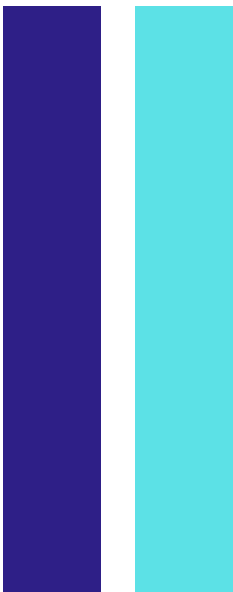
Maybe someone took advantage of you or told a lie about you. Someone may have cheated on you or stolen from you. It is easy to be bitter and harbor ill will.

As time goes by, you may forgive, but you don't forget the things that happen to you.

One thing that we sometimes forget that we control is our response to any event. The stories we tell ourselves about things that happen are up to us.

I walk people through growing and moving away from and ahead of the hurts.

Since we choose the narrative, we can choose a different one.



Topic

3 simple things that can change every relationship in your life

There are truths about love that change everything. Here are some that hit the top of the list.

Love has no expectations.

Often it is our expectations that get us into trouble. The minute you expect something in return for your kindness, that is no longer love. Love says things, does things, shows kindness with zero expectation of getting anything in return.

Love has no labels.

Often, we judge people by their political affiliation, race, religion, culture, economic status, and every other label we use. People are people all over the world. When we make assumptions and accusations based on labels, we lose the individual and refer to a “they.” Our name is our only label.

Love everyone.

Have you ever heard anyone say, “I love everybody but those darn Democrats” or “those rotten Republicans”? Then they don’t love everybody. People have their opinions and, hopefully, give you the grace to have yours.

You can love people and not like them.

There are going to be people you don’t gel with or are doing harm to others. There may be people you just don’t like. But love is different than like. You love the person and can dislike their actions.

Other Topics

Sample of other topics for keynotes:

- Love, cancer, and pink spatulas: Getting from diagnosis to recovery without losing friends or your mind.
- What do you say to the widow at the funeral home: How often do we hear or say, "I don't know what to say." There are practical tips on what to say that apply not just to funeral homes but to other situations too.
- How love can change the world: We've heard it said, but is it for real? The answer is "YES!" love can change the world, and I can tell you how.
- Have Thanksgiving with your family and keep the turkey from turning fowl: The holidays can bring out the best and the worst in us. Have you ever thought getting together would be great if your annoying brother-in-law would just stay home? You can have your turkey and your brother-in-law too. I'll tell you how.
- How Democrats and Republicans can get along: It seems impossible. Our country is polarized. It is knowing the truth about love that will bring us together.

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Experience

Kim has spoken at events of all sizes, both as the keynote speaker and facilitating workshops for large organizations like Susan G. Komen, American Cancer Society, Caterease National Conference, Golf Course Owners Association, and more. She has been a guest on over 300 TV, radio, and podcast shows, including on NBC, ABC, and FOX affiliates. She has been featured in articles in the Grand Rapids Magazine, The Glorious Table, Business Journal, and more.



"Dynamic, inspiring, and genuine, Kim is a gifted storyteller, evoking both laughter and tears. I am pleased to give her my highest recommendation."

Patty Aubrey

**New York Times Best Selling Author
(Chicken Soup For The Soul)
President Canfield Training Group**

"Kim Sorrelle has a unique story and a refreshing perspective on Love! I came away with useable content that altered the way I view myself and others. The world needs more of Kim right now. "

Scott deMoulin

Destiny Training Systems

